

4-H Newsletter 4/14/2023

The Ashland County Extension Office is located at 110 Cottage Street, First Floor This is the same building as the Ashland County Commissioners and Board of Elections.

We are open:

Mondays 8:30-4pm

Tuesdays 8:30-4pm

Fridays 8:30-3pm

Members & 4-H Volunteers: Only 1 DAY LEFT TO ENROLL IN 4-H!

Enroll in 4-H at <https://v2.4honline.com/> Please be sure to check your contact information in 4Honline and update as needed.

****If you need to change or add a club or committee, please click the club tab then use the EDIT button. The ADD button is used only to add a new 4-H club to Ashland County.

Guides to help you enroll as well as videos posted on our website at: <https://ashland.osu.edu/program-areas/4-h-youth-development/4-h-online-enrollment-information>

Committee Volunteers: Choose Program Volunteer and when asked to select a Unit, choose your committee.

Deadline to enroll for members and 4-H volunteers is April 15!

Mandatory Market Steer Spring Show

The **mandatory** Market Steer Spring Show will be held on 4/23/23 in the Coliseum at the Ashland County Fairgrounds

Showmanship style classes only

- A quick demonstration will be done at the start of the show
- Ages are based as of 1/1/23
- No changing classes
- Open to all Market Steer members but is **mandatory** if you have not shown in a previous jackpot/winter show during this show season and a committee member has witnessed you showing or you have provided a back drop picture.
- This is a "Blow & Go" type show which means cattle are to be show ready, clean and clipped. No adhesives or show products needed to be put into cattle for show.
- Prizes will be given to top two exhibitors in each age group.

All Born & Raised entries and fees must be turned into Amy Steward paid for by the end of Spring Show.

Joe Litt, hoof trimmer will be on the fairgrounds to trim any cattle you would like done, cost is \$45.00/head, payment in cash is requested.

Schedule

1:00 pm - Demonstration

1:30 pm - Senior 17 & up

2:00 pm - Junior 10 & under
 2:30 pm - Junior 11-12 yr old
 3:00 pm - Intermediate 13-14 yr. old
 3:30 pm - Senior 15-16 yr old

Links to Ohio Youth Livestock Webinars

- If you would like to see the Ohio Youth Livestock **Beef** Webinars that happened in December but were unable to join links can be found here: <https://ohio4h.org/animalsciences/beef-cattle> .
- Ohio Youth Livestock Small Ruminant (Sheep/Goat) Webinars that happened in February but were unable to join, links can be found here: <https://ohio4h.org/animalsciences/small-ruminant-sheepgoat> .

CFAES COLLEGE of FOOD, AGRICULTURAL, and ENVIRONMENTAL SCIENCES

All About Poultry!
Zoom Webinars in April & May
6:00 – 7:30 PM

Presenters Include:
Dr. Peter Cresswell, Assistant Professor, OSU Dept. Animal Science
Tim McDermott, DVM, OSU Extension, Franklin County
Dr. Allison Pullin, Assistant Professor of Animal Welfare, North Carolina State University

Geared towards youth participants taking poultry projects but anyone is welcome!
Webinars include:

Wednesday, April 26th - **Poultry Health**
https://osu.zoom.us/j/9816597298?pwd=OWp0Q2h1TS9PMHd0eHk3ZW51MkppOQ==&from=addon_event
Presenters: 68.11.20
Protecting animal health at home and at the fair, common disease ID, and more!

Thursday, May 4th - **Poultry Nutrition**
<https://osu.zoom.us/j/9279998033?pwd=b2dyK0h3SjUkQ2RlQWl1a2ZlZ2Zl> (Password: 870610)
Nutrition best practices, how nutrition impacts meat quality

Monday, May 15th - **Poultry Handling and Welfare**
https://osu.zoom.us/j/97191953463?pwd=SWVlNTZlYVh0a2l1ZW51MkppOQ==&from=addon_event (Password: 231095)
Animal handling and welfare at home and at the fair, impact of handling and stress on meat quality

ohio4h.osu.edu

The Ohio State University
OSU Extension is an equal opportunity institution. All programs and services are available to all people regardless of race, sex, age, or disability.

Ohio Administrative Code Livestock Exhibition Rules

When reviewing the *OAC 901-19* (Ohio Administrative Code Livestock Exhibition Rules), here is a document to help clarify definitions and understand the expectations that must be met for all youth Junior Livestock Exhibitions in Ohio.

<https://ashland.osu.edu/sites/ashland/files/imce/Ohio%20Youth%20Livestock%20Exhibition%20Rules%20FINAL.pdf>

- **PLEASE NOTE:** counties may have ADDITIONAL rules in place and guidelines to meet, in order to be eligible to exhibit. For Example: ***The deadline for Quality Assurance completion in Ashland Co. is June 1- even though it is well before the 45 day deadline outlined in this document***
- Please refer to Project Guidelines on our website and the Jr Fair Book for additional information on county specific rules.

Livestock Project Judging

You will be required to come to project Livestock judging before the fair with a completed record book! You may re-use a current project book and update the topics of interest, project activities, youth parent agreement etc.(dates will need to reflect current year) however you are going to be required to have CURRENT YEAR, completed records, for each livestock project!

For example: if you have a breeding goat and a market goat, those are separate projects and will require separate records. If you have two market goats, that is the same project and those records may be combined. In addition to a project book you may use the following tool--2023 Livestock Record--to meet the record keeping requirement. If you keep another form of electronic records covering these items, you may print and submit those at judging.

[2023 Livestock Record](#) : Use only if you are re-using a project book more than one year. This ensures you have current year records.

The record component will make up a significant portion of the members grade and the expectation is that each 4-H member will have completed records. An adult should review the record prior to judging.

Food Preservation Tuesdays

CFAES COLLEGE of FOOD, AGRICULTURAL, and ENVIRONMENTAL SCIENCES

Food Preservation Five
Tuesdays, 12-12:30 p.m. EST

April 11
Top 5 Considerations for Preserving Food

April 25
Canning: Water Bath

May 9
Canning: Pressure

May 23
Freezing

June 6
Drying and Freeze Drying

Register to participate in this free webinar series at go.osu.edu/2023foodpreservationwebinarseries

THE OHIO STATE UNIVERSITY
EXTENSION

Food Preservation Team
30.000.000

While the weather has been a rollercoaster in Ohio, the pantry and freezer are telling us it's about time to start preserving food again! The OSU Extension Food Preservation Team has resources to help.

To attend the Food Preservation Webinars, register at:

go.osu.edu/2023foodpreservationwebinarseries

While Ashland County does not have an FCS Educator, you can have your pressure canner tested by a neighboring county's FCS Educator by requesting an appointment at:

go.osu.edu/pressurecannertesting.

SNAP-Ed

CELEBRATE YOUR PLATE

APRIL 2023
New SNAP-Ed

Avocado Chicken Salad
Find this recipe and more healthy, low-cost meal ideas at CelebrateYourPlate.org

What's in Season: April
Asparagus
Rhubarb

Featured Recipe: Avocado Chicken Salad
Season: Spring & Summer
Selection: Choose from avocados that ripen at the same time.
How to Prepare: Use as a salad or sandwich filling.
Storage: Store at room temperature or refrigerated for up to two weeks.

National Gardening Month
This April, consider starting a garden for National Gardening Month. Whether you grow herbs on your windowsill or participate in a community garden, growing plants is a fun way to celebrate your own green space.

CelebrateYourPlate.org

At the beginning of the year, I shared some information about New Year's Resolutions. One of the facts that I shared was that an overwhelming number of New Year's resolutions revolve around obtaining/maintaining better health. I hope that some of you are still having success with the resolutions you made. If you made a resolution but have given up on it for one reason or another, remember that it is not too late to get back on track!

Now that the weather seems to be warming up, it makes getting outside and active a little bit more appealing. Depending on the type of things that you do, even lawn/garden work can be considered physical activities. Physical activity and exercise are two different things. Physical activities are activities that get your body moving such as gardening, walking the dog or taking the stairs instead of the elevator. Exercise is a form of physical activity that is specifically planned, structured and repetitive such as weightlifting or running. Physical activity and exercise are both important. Now is the perfect time to find a physical activity that you enjoy doing and include it in your regular routine.

Being active is only part of the equation when it comes to being healthier. Eating a balanced diet that includes food from the 5 foods groups is important as well. In addition, with summer approaching there will be an abundance of fresh fruits and vegetables to enjoy as well. Here is a delicious recipe from Celebrate Your Plate that you might enjoy.

<https://celebrateyourplate.org/>

Lori Lowman - SNAP-Ed Program Assistant , Ashland County

Sewing Patterns & Fabric Available



Several patterns (mostly for toddler or infant clothing) were recently donated at the Extension Office. Several bolts of fabric were also donated. See picture. These are free to any member who may use them, just pick them up at the Extension Office!

Club Fair Booth Theme

The theme for this year's club booths is "Surf's Up"!

Can't wait to see your artistic creations for this one!

Congratulations Dairy Committee Scholarship Recipients!



Project Requirements are Posted!

2023 project requirements are now posted on our website at: <https://ashland.osu.edu/program-areas/4-h-youth-development/4-h-project-requirements>

Please review the project requirements so you are familiar with the requirements that need to be met in order to exhibit your project at the Ashland County Fair.

For Swine members purchasing Ashland County Born & Raised eligible hogs: [**2023 Ashland County Born & Raised Form for Swine**](#)

840 EID Ear Tags Now Available for Feeders, Market Animals



840 EID ear tags are now available to tag your market animal and beef/dairy feeder.

We ask that club advisors survey their members to know how many tags their club will need for this year.

- **You will need to know how many swine tags and how many tags for other market species.** (Goats , sheep and feeders will have the same type of tag).
- **Tags may then be picked up for the club at the Extension Office or at the Senior Fair Office on the Fairgrounds. Advisors, you may delegate this task.**

If you need encouragement to pick up your tags and/or books soon, see below!

Extension Office Parking Lot

We recently received notice that the large parking lot across from our building will be closed starting Monday, April 3 for renovations. For now, if space permits, visitors may park in the small parking lot on the same side as our building, but please respect the parking spots that have signs posted.

The small parking lot beside our building will also be closed for renovation after the upcoming election. When this lot also closes, the county has asked that anyone needing to park for our office park at the county lot north of the Courthouse on 3rd street or in the visitors lot east of the Jobs and Family Service Center 15 W. 4th Street.

We realize this is an inconvenience, especially at such a busy time of year picking up tags and project books. An alternative is to pick up your tags at the Fair Office on the Fairgrounds Monday-Friday 8am-4pm.

Market Chicken Order DUE APRIL 21!

If you would like to take a market chicken project to the fair, you must purchase your market chickens through the 4-H/FFA Poultry Committee.

The business where the market chickens are purchased has asked that we reserve the number of birds needed earlier this year. Thus, the due date to order market chickens has been moved up.

Market chickens must be ordered and paid for by Friday, April 21. For more information and to order, go to: https://osu.az1.qualtrics.com/jfe/form/SV_5cqnr9IXjECiqlm

Market Chicken and Breed Bird Essay Contests

For a chance to win your market chickens this year, enter the market chicken essay contest sponsored by the Poultry Committee:

<https://ashland.osu.edu/sites/ashland/files/imce/23%20Market%20Chicken%20essay.pdf>

For a chance to win your breed birds this year, enter the essay contest sponsored by the Poultry Committee: <https://ashland.osu.edu/sites/ashland/files/imce/23%20breed%20birdessay.pdf>

Rabbit Clinic Thursday, April 20 6pm at the Fairgrounds in Mozelle Hall

Rabbit Give-a-way Essay Contest

The Ashland County 4-H Rabbit Committee is sponsoring an essay contest for any Ashland County 4-H/FFA member interested in taking a rabbit project. For details and essay cover page visit:

https://ashland.osu.edu/sites/ashland/files/imce/rabbit%20essay%202023_0.pdf

FCS Make It/Take It Succulent Garden Clinic

Come and make a succulent garden to take home with you!

May 20 2-4 pm at Honey Haven Farm

Cost \$10 per person to be paid when reserving your spot (Refund available if we are able to refill your spot)

Refreshments will be served

Limited to 15 youth so sign up today at <https://www.signupgenius.com/go/8050B4DAEA62EABF49-fcsmake>

Horse Members

MANDATORY Horse Advisor & Parent meeting Sunday April 30th, 2 to 4 pm In Mozelle Hall at the Ashland County Fairgrounds. You **MUST** attend this meeting if you wish to be eligible for Ohio State Fair and Ashland County Fair this year. This meeting will go over new/existing rules, Safety requirements, etc. We will also be passing out and going over the parent/member form for this year. Again, you **MUST** attend this meeting, or you will **NOT** be able to go to state or the county fair this year. Any questions please contact Courtney, Horse Committee President.

For 2023, all 4-H members registered for a horse project, will be required to complete the Equine Safety Training and Education Program (EquiSTEP) each year by May 1. EquiSTEP is an annual statewide requirement for all youth participating in Ohio 4-H Horse Program activities. The EquiSTEP curriculum focuses on helmet safety, equine safety & handling, equine health & nutrition, and sportsmanship and is designed to rotate topics every year.

To complete EquiSTEP (due MAY 1):

- Enroll using their own unique email address. Participants should not use their school email addresses as the course enrollment invitation will be blocked by the school's email system.
- Participants must view all five videos which last approximately one hour in total. Once the videos are completed, participants will be able to access the 10-question quiz.
- Participants must complete the quiz associated with the training and achieve a minimum score of 7 (out of 10) in order to pass the training.
- Once the quiz is successfully completed, participants will need to complete the course survey to trigger a certificate of completion. The certificate will be emailed to the participant's email address as well as their county's 4-H email address **IF YOU COMPLETE THE LAST STEP AND NAME YOUR COUNTY!**
- **IMPORTANT!!** *The participant must select their correct county to trigger the email to the correct email address and they must click on the submit button at the end of the survey to trigger the email.*

To complete Equistep go to: <https://cfaesosu.catalog.instructure.com/courses/equistep-2023>

Scholarship Opportunities

Attention High School Seniors! The Ashland County 4-H Committee scholarship application is here. For more details go to our website: <https://ashland.osu.edu/sites/ashland/files/imce/2023%204-h%20committee%20scholarship%20app.pdf>

Applications are also available at area high school guidance counselor's office.

THANK YOU to the Ashland County 4-H Committee for sponsoring this scholarship!

A second scholarship opportunity is the Christopher T. Norman Scholarship. Applicants must be a current 4-H member and a 2023 graduating high school senior. Applicants enrolling at The Ohio State University, OSU Branch Campuses or A TI will be given preference. For more information and application go to: <https://huron.osu.edu/sites/huron/files/imce/Norman%20Scholarship.pdf>

Top Shots Scholarship

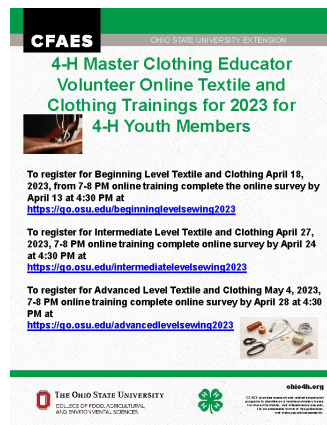
If you are a Senior and a member of Top Shots, consider applying for the Top Shots Scholarship.

Qualifications include:

- **Must be currently enrolled in the Top Shots and have been a member for a minimum of 3 years.**
- **Current High School Senior**
- **Student to be enrolled in an accredited college or trade school this fall in any field of study.**

[Application](#)

Online Clothing/Textile



Interested in learning more about sewing skills or have questions about your sewing projects? Attend an online training session held by 4-H Master Clothing Educator Volunteers.

To register, click on your appropriate skill level:

[Beginning](#)

[Intermediate](#)

[Advanced](#)

Volunteers: Club Constitutions, Schedules and 4Honline Club Leader Code

Reminder: Club Constitutions and your club meeting schedules are due to the Extension Office by April 15. All Clubs should revise their Constitution to include the new Ohio 4-H requirement of members attending at least 50% of club meetings. Please use the template on our website at: <https://ashland.osu.edu/sites/ashland/files/imce/Ohio%204-H%20Club%20Constitution%2010.2022%20Final%20Fillable.pdf> You may add to the Constitution template, but you may NOT DELETE any of the content.

If your club would like to ADD any additional policies, you may use the club bylaws template and customize it as necessary <https://ashland.osu.edu/sites/ashland/files/imce/Ohio%204-H%20Club%20By-Laws%2010.2022%20Final.pdf>

The State Office asks Clubs to turn in their meeting schedules to the local Extension Office. Please turn this in by April 15 as well.

4-H Club Organizational Advisors: Once your volunteer enrollment in 4Honline is approved for this year, you will be able to view your club's roster.

I HAVE RESET ALL THE CLUB CODES TO: 4H2023

Step by step directions to log into your club are located on our webpage at:

<https://ashland.osu.edu/sites/ashland/files/imce/Club.Leader.Login%20%281%29.pdf>

Quality Assurance Trainings

Any 4-H or FFA member taking a live, breathing animal to the fair, must attend a Quality Assurance training before June 1. Ashland County is offering the dates below to complete this training.

NO NEED TO REGISTER, JUST COME!

April 25 7pm Mozelle

April 27 3:30 PM at Crestview High School

Another option for QA is online at <https://yqcaprogram.org/> Cost for online QA is \$12.

[Help sheet to register for online QA](#)

Ohio State Fair Market Goat

If you are planning on taking a market goat to the OHIO STATE Fair, the possession deadline for Market Goats is now **MAY 1st**. This means you must have your State Fair Market Goat entered and identified in your 4Honline profile by May 1.

Lamb Pool: Mark your Calendars!

For those who ordered their market lambs through the lamb pool, pick up will be on Sunday, April 30 at 3pm in the Fairgrounds market hog pavilion.

Poultry Facebook Page

The Ashland County Jr. Fair Poultry Committee has created a Facebook page to give poultry members helpful tips and keep them aware of important dates. Go to:

https://www.facebook.com/groups/735896734398559/?ref=share_group_link

or scan the QR code below.



Ohio 4-H Spark Expo

Students have the opportunity to explore future careers at the 4-H Spark EXPO, held this summer on The Ohio State University campus. From June 14-17, teens at the Spark EXPO will learn about agriculture and related STEAM fields from industry experts, and faculty and staff of the Ohio State College of Food, Agricultural, and Environmental Sciences (CFAES).

The 4-H Spark EXPO is open to all Ohio students who have completed the eighth grade at the conclusion of the 2022-2023 school year. Participants do not need to be enrolled in the 4-H program. The event includes on-campus accommodations, meals, program materials, and transportation. Cost is \$75. Sponsorship to cover the cost may be available, please contact the extension office.

For more information and to pre-register: go.osu.edu/4hsparkexpo.

4-H Project Books

The State has increased the cost of 4-H project books. Most books will now cost \$8, with resource books and a few others costing more. While the Extension Office will keep a stock of livestock record books, we will no longer keep a stock of all the still project books due to expense and books outdating before being purchased.

We are asking that 4-H clubs take orders for any books their members may need and turn it in to the Extension Office so we can order those books needed for this year. We will place project book orders as we receive orders from clubs. Please allow 10-14 days from when you submit your order for the books to arrive at our office.

Club advisors, here is a order form to help you identify the books your club will need for the year. [4-H club project book order form](#)

FFA Members

FFA members will now need to create an account in 4Honline and choose any animal projects they may be taking to the Ashland Fair. (See links above). This new process will allow FFA members to upload their species specific required documents and pictures in the same platform as 4-H members.

- FFA MEMBERS, CHOOSE YOUR FFA CHAPTER AS YOUR CLUB/UNIT. THIS WILL NOT ENROLL YOU IN 4-H. You will still be taking your projects through FFA.
- If you taking projects in FFA AND in 4-H, please just add your FFA chapter as a second club/unit. You can then add the appropriate projects to each club/chapter. You DO NOT need a second account!
- The family email address you use for your 4Honline account will automatically be added to our weekly 4-H newsletter that contains important project and event information.
- The sooner you enter your information in 4Honline, the sooner your email will be added to this newsletter distribution list!
- If you are taking animals to Ashland Fair through FFA AND participate in 4-H in a county OTHER THAN ASHLAND CO., please contact the Extension Office for instructions.

2023 Ashland County 4-H Calendar

Updated 3/28/23 to include FCS/Still Project judging on July 18 and August 2.

The 2023 4-H Calendar is posted on our website at: <https://ashland.osu.edu/program-areas/4-h-youth-development/breaking-news>

4-H Newsletter

If you have a second email you would like to add to the list or need to change your email it is sent to, please use the link below:

https://osu.az1.qualtrics.com/jfe/form/SV_39M4tSvTaliJniR

Find us on Facebook at: [Ohio State- Ashland County 4-H Facebook page](#)



Ohio State- Ashland County 4-H

To UNSUBSCRIBE to this 4-H Newsletter, click [here](#).

Contact

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