

Ohio State Fair Food & Nutrition Requirements

If you are interested in representing Ashland County at the state fair in a foods project, you will need documentation of that project. Please consider making a "portfolio" (similar to a scrapbook) while you work on your project as you prepare for county judging (see second bullet point). It is NOT a requirement for county judging, but is for state fair. If you are picked to go to state fair in your project, it will be much harder after-the-fact to go back and take pictures of you working on your project. Also, the portfolio can be a tool you use at county judging to show the judge how you worked on your project.

Food and Nutrition Ohio State Fair Project Judging: What You Will Need!!

- The Skills Station is where the participant will demonstrate knowledge they learned from the MyPlate information in their book, their 4-H office, or online at www.choosemyplate.gov and other information from their book. They should study their project book for this (in other words, know MyPlate inside and out).
- The Portfolio is project specific and is used to enhance a conversation between the 4-H member and a judge about activities the member completed within the project. The participant will be responsible for bringing a **3 pronged folder that includes 8 ½" x 11" pages**. The participants will create a maximum of one page (one-sided only) per "activity area" or "interest area" as designated in the front of their project books. Ideas for these pages include journaling, a timeline, and photos taken during their project, or any other format that would illustrate the work and knowledge of the participant. Each page could be different or can be a combination of styles allowing the 4-H'er to reflect on their learning experience. **There will be no points for scrapbooking style.** The portfolio is to be completed prior to arriving at the state fair.
- Portfolios are judged based on the verbal presentation, organization of the material in the portfolio, inclusion of their efforts in required "Activity or Interest" area pages, and communication with the judge regarding their portfolio.
- The member will present the portfolio to the judge and have the opportunity to explain their active involvement in their project.
- The member's **project book may not be a part of their portfolio.**